



National Council on Educating Black Children
**Helping Parents, Help Children
 Make ~**

Good Choices

Parent Newsletter

August 2010

10 Things You Can Do With Your Children

Getting to Know Your Children

Spending time with your children is the first step in helping them make good choices. When you know your kids, you'll know better how to reach them and what's affecting them.

Here are 10 things you can do with your children and get to know them better:

- 1) **Play card games** You might try to mix some math skills practice; for now the time together is what counts.
- 2) **Cook** Most children like to cook, especially their favorite foods. Allow them to help.
- 3) **Read** Reading is a different experience for everyone. Do your kids like to read? Find out.
- 4) **Watch TV** TV time isn't all bad. Find shows that are appropriate. Watch, laugh and talk with your kids about what you see.
- 5) **Dance** Parents, Grandparents, and children dancing together is ALWAYS fun. You can learn what's new and teach them a thing or two.
- 6) **Compete** Healthy competition is a good thing. Find out what you have common, set a goal, and see who gets there first.
- 7) **Visit Others** Long bus or car rides aren't so bad when you have company. Plan to go see an old friend or relative.
- 8) **See Something New** ...or old. Go to a local museum or zoo. Call to ask about discounts and special events.
- 9) **Volunteer** Everyone needs a hand. Find an organization, or a neighbor, who needs help with a project and pitch in.
- 10) **Share Something** Share a memorable moment and a lesson.

Learn more ways to help your children make good choices and succeed. Contact NCEBC at (317) 283-9081 to be connected with the Indianapolis Community Action Team or ask about the National Parent University Curriculum Initiative.

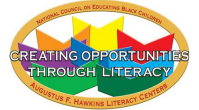


The National Council on Educating Black Children supports the Indianapolis Community Crime Prevention Program in partnership with Marion County Health and Hospitals Legacy House and its Reclaiming the Village program

Neighborhood Resources

NCEBC Literacy Center Locations

- **Brightwood Community Center**
2410 Station Ave
317.546.8200
- **Devington Community Developer**
6004 E. 46th Street
317.542.4000
- **Oasis of Hope Community Development Center**
1701 East 25th Street
317.925.6970
- **Womack Memorial CME**
4401 Carrollton Ave
317.283.5241



Marion County Health and Hospitals

- **Northeast District Health Office**
6042 East 21st Street
317.221.7300
- **Northwest District Health Office**
6940 North Michigan Road
317.221.7500
- **South District Health Office**
505 East National Avenue
317.221.5700



Visit indy.gov to find a **Neighborhood Liaison** near you



Neighborhood Liaisons provide assistance to neighborhoods and businesses while serving as a bridge between citizens and city government, facilitating communication between neighborhoods and the City.



August 2010 School Days



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31	September 1	2	3